



2nd INTERNATIONAL CYSTIC FIBROSIS PHYSIOTHERAPY WORKSHOP

BELGRADE
30 – 31 MAY 2016

Gallery Hall
HOTEL SLAVIJA GARNI
Svetog Save St 2, 11000 Belgrade, Republic Serbia
<http://www.cf-europe.eu> - <http://www.cfsrbija.rs>

With support of Serbian Physiotherapist's Society



Monday 30 May

Time	Session	Title	Speaker
9.15 – 9.55	Arrival and registration of participants, a distribution of input test		CFE + CF Serbia
9.15 – 9.50	Preparation of the multi-stakeholder, political session during the opening ceremony		CFE + CF Serbia
10.00 – 10.05	Opening ceremony	President's Welcome	CFE representative
10.05 – 10.45		Lung disease in children and adults with Cystic Fibrosis	Prof. Predrag Minic pulmonologist from IZZMD
10.50 – 11.10		State of the Art in South Eastern Europe	CFE representative
11.10 – 11.25		CF Physiotherapy: State of the Art in Serbia	Dr Jelena Rakić Milanović, IZZMD
11.25 – 11.45		Motivating patients for Physiotherapy	Valentina Pavkovic, IZZMD
11.45 – 12.00		Questions and Answers	
12.00 – 13.00	Press Conference		All stakeholders
12.00 – 13.30	Lunch brake		
13.30 – 13.40		Physiological principles in CF physiotherapy theoretical introduction	Hugues Gauchez
13.40 – 14.10		Cleaning upper airways	Erik Van Den Bon & Annelies Meeus
14.10 – 14.40		Inhalation	Erik Van Den Bon & Annelies Meeus
14.40 – 15.30		AD, AAD, Coughing/Huffing	Hugues Gauchez
15.30 – 16.00	Coffee break		
16.00 – 16.30		Aids (fixation straps, PEP/Bottle PEP, Flutter, bouncing)	Erik Van Den Bon & Annelies Meeus
16.30 – 17.00		Mobilisation, sports, relaxation, pelvic floor, muscle training	Hugues Gauchez
17.00 – 17.30		Questions and answers	
18.30 – 19.50		Social program – Belgrade sightseeing	
20.00 – 21.30		Dinner	

Tuesday 31 May

FOR PROFESSIONALS AND PATIENTS AND PARENTS			
Time	Session	Title	Speaker
9.30 – 10.30	Practical workshop	Cleaning upper airways, baby and adults	Hugues Gauchez & Erik Van Den Bon
10.30 – 11.00		Aids: straps	Hugues Gauchez & Erik Van Den Bon
11.00 – 11.15	Coffee break		
11.15 – 11.45	Practical workshop	Aids: Flutter and PEP	Hugues Gauchez & Erik Van Den Bon
11.45 – 12.30		Inhalation and Autogenic drainage baby	Hugues Gauchez & Erik Van Den Bon
		Questions and answers	Hugues Gauchez & Erik Van Den Bon
12.30 – 13.15	Lunch brake		
13.15 – 14.00	Practical workshop	Inhalation adults	Hugues Gauchez & Erik Van Den Bon
14.00 – 15.30		Drainage adults	Hugues Gauchez & Erik Van Den Bon
15.30 – 16.00	Coffee break		
16.00 – 17.00	Practical workshop	Mobilisations	Hugues Gauchez & Erik Van Den Bon
17.00 – 17.30		Questions and answers	Hugues Gauchez & Erik Van Den Bon
17.30 – 18.00		Output questionnaire, Handing certificates, Closing ceremony	



INTERNATIONAL GUEST SPEAKERS

Hugues Gauchez, Expert CF physiotherapist with long expertise in clinical work and training. Lille, France.

Erik Van Den Bon, respiratory physiotherapy practitioner, Mechelen, Belgium

Annelies Meeus, respiratory physiotherapy practitioner, Mechelen, Belgium

For more info

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